

# Young People Cornwall

Catherine  
Hendy



# Young People Cornwall

## Our Vision:

To improve the quality of life for young people living in Cornwall.

## Our Mission:

Through inspirational youth work we support the needs and aspirations of young people in Cornwall, promoting young people as role models and positive assets within their communities.



# Brief History

- Formed as a charity in 1974 – known as Youth Clubs Cornwall and was part of the Boys Club Network.
- Early work focussed on helping volunteer-led youth clubs across the county.
- In the late 80's we decided to fund-raise to run our own youth projects in response to funding cuts to youth services.
- Today we employ 32 staff, and deliver a wide range of projects

# Your Way

- Create Your Way - Community development workers offer a range of support to young people and communities to enable them to set up and develop quality youth provision.
- Find Your Way - Information, Advice and Guidance service for young people aged 11-19, supporting young people through a range of issues.

# Your Way

- Mind Your Way – services aimed at improving young people's emotional resilience and well being, including mentoring, one to one work and group work provided by Hear Our Voice, online and face to face counselling through Kooth.
- Time bank Your Way – allows young people to earn credits through volunteering, credits can be spent on activities, experiences or attractions for themselves or others.

# Liskeard youth centre

- Launched on January 27<sup>th</sup> 2017 an evening of activities include inflatable lazer tag, bubble football, live music and refreshments. Over 80yp attended as well as parents and local community members.
- 171 young people have accessed the project at Liskeard youth centre in Liskerett.
- Fully equipped youth centre with pool table, table football and air hockey, kitchen/cafe area, music room, and meeting space.
- Staffed by 2 professionally qualified youth workers and a team of volunteers.

# Liskeard Youth Centre

- Provides positive activities for young people.
- Provides Information, advice & guidance to young people on a range of issues.
- Facilitates workshops which inform young people on topics important to them.
- Enables young people to influence the direction of the project.
- Enables young people to take part in challenging activities.
- Provides young people with training & education
- Provides young people with a safe place to go and someone to talk to.
- Community – Young people are supported to volunteer, participate and contribute to community events helping to improve community cohesion and reduce anti-social behaviour.

# Session days and times

\*Tuesdays

**14-18 years: 6.00-8.00pm: Focused session** – these are closed sessions and could cover a variety of topics such as; healthy living, emotional wellbeing, staying safe, online safety, bullying, diversity, session planning and more!

Up to 15 young people attending this session

\*Fridays

**11-13 years: 5.15pm – 6.45pm** – up to 30yp weekly

**14-18 years: 7.00pm - 9.00pm** – up to 30yp weekly

\*Find Your Way offer drop in for IAG on a Wednesday.

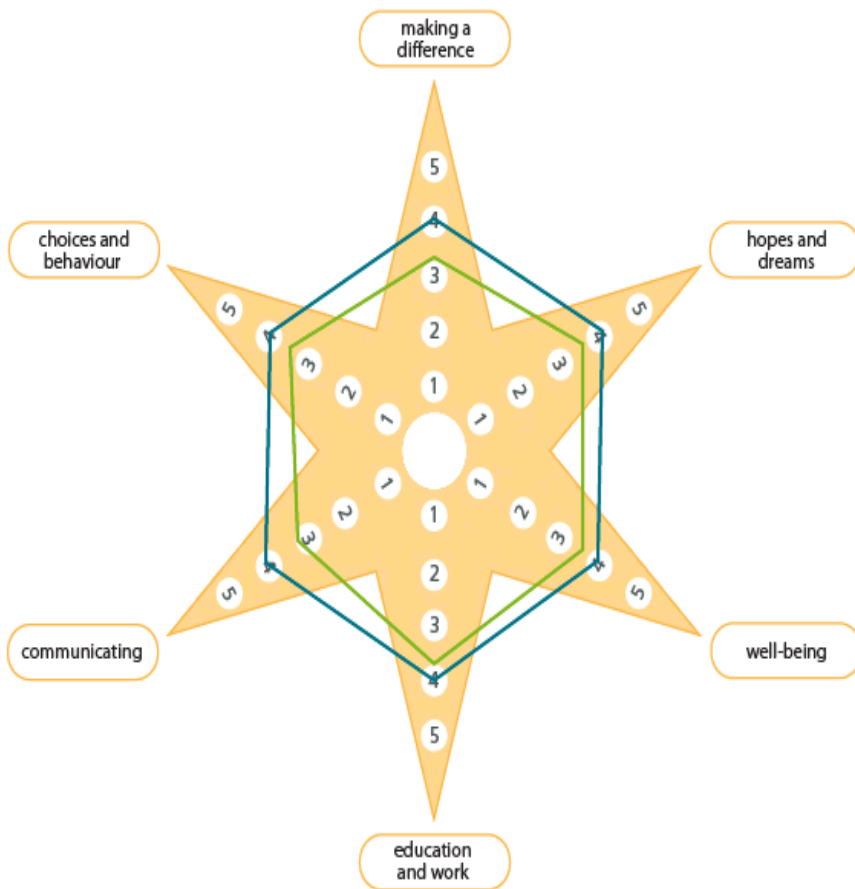
\*Mind Your Way offer a young women's emotional well being group.



# Impact (Feb- August 2017)

- 171 young people have accessed the project at Liskeard youth centre.
- 62 young people helped plan, develop and deliver activities.
- young people have received ongoing support covering a range of issues, and when appropriate have been referred to appropriate services.
- 3 local volunteers regularly support the groups and receive support and on going training to upskill themselves.
- Youth workers have created a number of positive relationships with local groups etc inc police, LCA, school.
- Youth steering group developed – to plan and develop the youth club, and get their voices heard in a wider capacity.
- Adult steering group in development – to support the youth group and develop future opportunities, including looking at funding options beyond October, and moving towards the handover to Your Way

# Impact - Outcomes Star – Measures progress in six areas of young people’s lives. You Decide 2016



Scale	Increase
Making a difference	61 %
Hopes and dreams	57 %
Well-being	46 %
Education and work	33 %
Communicating	60 %
Choices and behaviour	54 %

# Costings

Costs for running November 2017 – March 2018 (21wks)

- Option 1;
- Maintain Provision as is 6 hours face to face, 2 admin time @£25 hour per worker.
- 2 workers = £8,400
- Option 2;
- Reduced Provision- One night a week 4 hours face to face, 1 hour admin time @£25 hour per worker.
- 2 worker = £5,250

\*These costs are based on sessional rates, which are higher than salaried.

- The £25 per hour breaks down to cover; Resource costs incl. stationery & printing, telephones, publicity, Insurances, training, legal & compliance , Health and safety, Payroll, HR, Data from Views database & the Outcome Star, Line management and supervision of staff, reporting and administration costs, Travel for staff to meetings/ events or activities, Resource costs associated with workshops or activities

# Any Questions?

- For more information please email me on **catherineh@ypc.org.uk**
- Follow The project on Twitter at **@youdecide\_ypc**
- Follow Young People Cornwall on Twitter at **@YPCmakingwaves**
- Find us on Facebook at **Young People Cornwall Liskerrett youth club**

