

0300 123 2350

www.passengerfocus.org.uk

Passenger Focus
If you have already contacted First Great Western and are unhappy with our response Passenger Focus will provide help and advice on issues that affect your journey.

www.nationalrail.co.uk

08457 48 49 50

For train times and fares, Daily, 24 hours, calls may be recorded.

Plymouth, PL4 6ZZ

First Great Western

Freeport FSKT-AHAZ-SLRH

Customer Services

For tickets, information, real-time updates and offers visit

www.firstgreatwestern.co.uk or call us on 03457 000 125

We are open 0700 – 2200 daily.

First Great Western Customer Services

For tickets, information, real-time updates and offers visit

www.firstgreatwestern.co.uk or call us on 03457 000 125

We are open 0700 – 2200 daily.

For more information

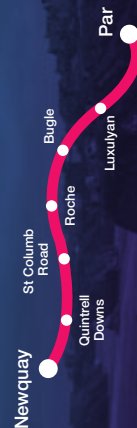
SCAN FOR DIGITAL COPY



REUSE
REDUCE
RECYCLE
The 3 R's of Green
When you can

West 7 Par to Newquay The Atlantic Coast Line

Guide to train times
18 May 2014 to 13 December 2014



First Great Western

ABOUT THIS TIMETABLE

Welcome to our guide to services showing Atlantic Coast Line trains between Par and Newquay.

AMENDMENTS TO PUBLISHED TIMES

Public Holidays and rail improvement works may affect services in this timetable. For the very latest timetable information please visit our website or download our smart phone app (text 'FGW' to 86688). Check your journey plans carefully before travelling at the weekend. Due to rail improvement works, trains may depart earlier than shown in this timetable.

NATIONAL RAIL CONDITIONS OF CARRIAGE

For further information about tickets and travelling on the National Rail network, download a copy from www.nationalrail.co.uk

The information shown in this timetable was correct at time of going to print.

FIRST GREAT WESTERN CUSTOMER PANEL

All of our routes are represented by a customer panel member who provides feedback to help us improve our services. For more information visit the customer panel section of our website.



FREE WI-FI is being installed on our High Speed Trains during 2014. Visit www.firstgreatwestern.co.uk or follow us on Twitter @FGW for more details.



WANT TO BRING YOUR BIKE?

Space for bikes is limited on our trains and we operate a strict first-come-first-served policy. Reservations for cycles are available on some of our services.



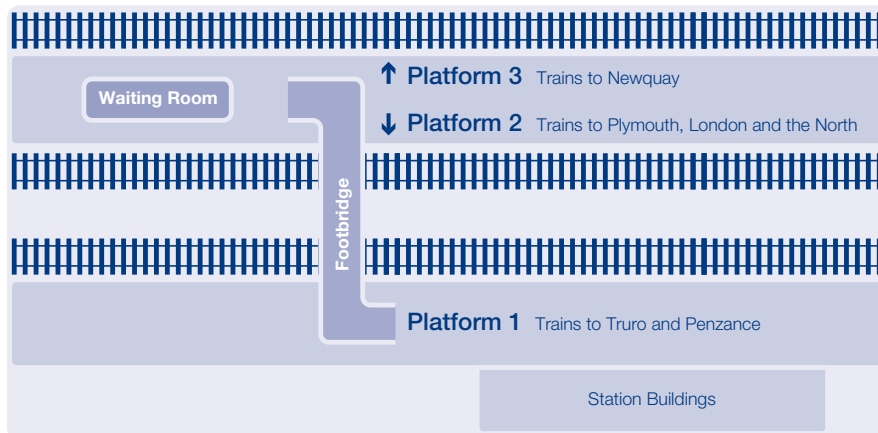
PLUSBUS

Plusbus tickets include bus travel in selected towns and cities across our network. Visit www.plusbus.info for more details.

NOTES AND SYMBOLS

- GW** Operated by First Great Western
- XC** Operated by CrossCountry
- H** High Speed Train. Cycle reservations recommended. Power points provided
- V** Voyager train. Power points provided. Cycle reservations compulsory
- I** First Class accommodation available
- ◇** Seat reservations available
- ☞** Express Café available for all or part of the journey, serving a range of hot and cold snacks and beverages
- ⇄** Interchange with the London Underground
- 15** Minimum connection time where different from the standard 5 minutes
- ‡** This station cannot accommodate the full length of some trains. Please listen for announcements if you wish to alight here
- ⌘** At-seat catering provided for all or part of journey
- a** Arrival time
- d** Departure time
- x** Request stop. Advise the Conductor if you wish to alight; signal to the Driver if you wish to board
- A** Runs from 7 July until 29 August
- B** Runs until 4 July and from 1 September
- AC** The Atlantic Coast Express

Changing trains at Par station



This map is diagrammatic and not to scale

Devon & Cornwall RAIL PARTNERSHIP

Working to promote rail travel in the region and to improve services and facilities at our stations. Visit www.greatscenicrailways.com or call 01752 584 777 for more information.

PAR TO NEWQUAY – THE ATLANTIC COAST LINE



MONDAYS TO FRIDAYS	Operator	GW	GW	GW	GW	GW	GW	GW	GW
	Notes		A	B	AC	A	B		
	Facilities								
	London Paddington	d	.	.	.	0906	.	.	.
	Plymouth	a	.	.	.	1227	.	.	.
	Par	±d	0917	1142	1213	1329	1407	1610	1829 2028
	Luxulyan	d	0928x	1152x	.	.	1418x	1621x	1840x 2039x
	Bugle	d	0934x	1158x	1230x	.	1424x	1626x	1846x 2045x
	Roche	d	0938x	1203x	.	.	1429x	1632x	1850x 2049x
	St Columb Road	d	0950x	1214x	.	.	1440x	1643x	1902x 2101x
	Quintrell Downs	d	0958	1223	.	.	1448	1651	1910 2109
	Newquay	a	1009	1234	1301	1420	1459	1702	1921 2120

NEWQUAY TO PAR – THE ATLANTIC COAST LINE



MONDAYS TO FRIDAYS	Operator	GW	GW	GW	GW	GW	GW	GW	GW
	Notes		A	B	B	AC	A		
	Facilities								
	Newquay	d	1013	1240	1303	1501	1506	1722	1925 2126
	Quintrell Downs	d	1019	1246	1309	1507	.	1728	1931 2132
	St Columb Road	d	1026x	1253x	1316x	.	.	1735x	.
	Roche	d	1038x	1304x	1328x	.	.	1747x	.
	Bugle	d	1042x	1309x	1332x	1528x	.	1751x	1954x 2155x
	Luxulyan	d	1048x	1317x	1338x	.	.	1757x	.
	Par	±a	1102	1334	1352	1547	1558	1813	2013 2216
	Plymouth	a	.	.	.	.	1654	.	.
	London Paddington	⊖⊕a	.	.	.	.	2039	.	.

UNTIL 6 SEPTEMBER

Operator	XC	GW	GW	XC	GW	XC	GW
Notes							
Facilities							
London Paddington	⊖⊕d	.	.	0736	.	1135	.
Plymouth	a	0635	.	1050	1239	1451	1650
Par	±d	0728	0946	1141	1333	1543	1742 2022
Luxulyan	d	.	.	.	.	.	.
Bugle	d	.	.	.	.	.	.
Roche	d	.	.	.	.	.	.
St Columb Road	d	.	.	.	.	.	.
Quintrell Downs	d	.	.	.	.	.	.
Newquay	a	0818	1047	1242	1431	1647	1838 2111

UNTIL 6 SEPTEMBER

Operator	XC	GW	GW	XC	GW	XC	GW
Notes							
Facilities							
Newquay	d	0935	1130	1319	1530	1726	2000 2121
Quintrell Downs	d	.	.	.	.	.	.
St Columb Road	d	.	.	.	.	.	.
Roche	d	.	.	.	.	.	.
Bugle	d	.	.	.	.	.	.
Luxulyan	d	.	.	.	.	.	.
Par	±a	1029	1225	1413	1624	1821	2056 2205
Plymouth	a	1121	1311	1458	1714	1914	2148
London Paddington	⊖⊕a	.	1633	1823	.	2226	.

FROM 13 SEPTEMBER

Operator	GW	GW	GW	GW	GW	GW	GW
Notes							
Facilities							
Par	±d	0652	0918	1215	1410	1615	1821 2015
Luxulyan	d	0703x	0929x	1226x	.	1626x	1832x 2026x
Bugle	d	0709x	0935x	1232x	1427x	1632x	1838x 2032x
Roche	d	0714x	0939x	1237x	.	1637x	1843x 2037x
St Columb Road	d	0725x	0951x	1248x	.	1648x	1854x 2048x
Quintrell Downs	d	0733	0959	1256	.	1656	1902 2056
Newquay	a	0744	1010	1307	1457	1707	1914 2107

FROM 13 SEPTEMBER

Operator	GW	GW	GW	GW	GW	GW	GW
Notes							
Facilities							
Newquay	d	0748	1012	1309	1459	1721	1917 2118
Quintrell Downs	d	0754	1018	1315	1505	1727	1923 2124
St Columb Road	d	0802x	1026x	1323x	1513x	1735x	.
Roche	d	0813x	1037x	1334x	1524x	1746x	.
Bugle	d	0818x	1042x	1339x	1529x	1751x	1946x 2148x
Luxulyan	d	0823x	1047x	1344x	1534x	1756x	.
Par	±a	0839	1101	1358	1548	1810	2003 2207

UNTIL 7 SEPTEMBER

Operator	GW	XC	GW	GW	GW	GW
Notes						
Facilities						
London Paddington	⊖⊕d	.	.	.	0957	.
Plymouth	a	.	0901	.	1326	.
Par	±d	0900	0955	1149	1422	1638 1836
Luxulyan	d	0911x	.	1200x	.	1847x
Bugle	d	0917x	.	1213x	.	1702 1853x
Roche	d	0922x	.	1217x	.	1858x
St Columb Road	d	0933x	.	1229x	.	1909x
Quintrell Downs	d	0941	.	1236x	.	1917x
Newquay	a	0950	1100	1245	1512	1732 1926

UNTIL 7 SEPTEMBER

Operator	GW	XC	GW	GW	GW	GW
Notes						
Facilities						
Newquay	d	0952	1132	1304	1621	1735 1940
Quintrell Downs	d	0958	.	1310	.	1741 1946
St Columb Road	d	1006x	.	1318x	.	1749x 1954x
Roche	d	1017x	.	1329x	.	1800x 2005x
Bugle	d	1022x	.	1334x	.	1805x 2010x
Luxulyan	d	1025x	.	1337x	.	1808x 2013x
Par	±a	1039	1227	1351	1716	1821 2026
Plymouth	a	.	1318	.	1810	.
London Paddington	⊖⊕a	.	.	.	2204	.

FROM 14 SEPTEMBER

Operator	GW	GW	GW
Notes			
Facilities			
Par	±d	1018	1336 1635
Luxulyan	d	1029x	1347x 1646x
Bugle	d	1035x	1353x 1652x
Roche	d	1040x	1358x 1657x
St Columb Road	d	1051x	1409x 1708x
Quintrell Downs	d	1059	1417 1716
Newquay	a	1110	1428 1727

FROM 14 SEPTEMBER

Operator	GW	GW	GW
Notes			
Facilities			
Newquay	d	1112	1510 1735
Quintrell Downs	d	1118	1516 1741
St Columb Road	d	1126x	1524x 1749x
Roche	d	1137x	1535x 1800x
Bugle	d	1142x	1540x 1805x
Luxulyan	d	1147x	1545x 1808x
Par	±a	1201	1559 1821

