

# Liskeard Together Project

## Are you 16 years and over? Not in paid work?

Come along, make new friends and learn new skills.

Money Box course provides:

- ❖ a welcoming and supportive atmosphere
- ❖ budgeting tips, options for dealing with debt
- ❖ support to develop a CV and
- ❖ support to move into training, volunteering or employment



5 Ways to Wellbeing-  
Connecting - Keep Active –  
Learn New Things- Take  
Notice – Give

Each Course will run 1 day a week for 6 weeks in Liskeard- starting  
**Tuesday 17<sup>th</sup> September- 9.30am – 2.30pm**

You will also have the opportunity to get involved in a community event  
or project.

**Childcare, Transport and Lunch provided.**

**Please call for more information on 01208 265723**

