

Hello from our house to yours.

Have things changed for you?

How are you managing these days?

Don't struggle alone - reach out!

Liskeard Together Project



European Union
European
Social Fund



LISKEARD COUNCIL
WORKING FOR YOU

**CORNWALL
HOUSING**



PART OF THE
CORSERV GROUP
A CORNWALL
COUNCIL COMPANY

A Place Shaping Project to help people connect with each other and their community through the



Five Ways To Wellbeing

Connect • Keep Learning • Be Active • Take Notice • Give

We are reaching out to people in the Liskeard area who would like to know more about free individual support offered around;

- Health and Well-being
- Online group chats
- Employment
- Education and Training
- Finances
- Connecting and getting involved in your community.
- Signposting to support organisations or next steps to move your life forward.

Coming soon, online bitesize guides to better budgeting tips, dealing with debt and developing a CV.

We are finding new ways to work in these current circumstances, and will be offering, amongst other things, 1:1 telephone support.

We will be calling some of you in the next few weeks to see if we can help, but if you feel you, or someone you know, might benefit from this free support, then please do get in touch with the Liskeard Together Team.

Ongoing, free support is available to those currently not working.



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