

THE TECHNICAL CHALLENGE

PAUL HOLLYWOOD'S FRUIT TURNOVERS

The notoriously tricky Technical Challenge can test even the most competent of bakers in the Bake Off tent.

Now it's your turn to give it a go. Get your friends, family or colleagues together virtually to see who can complete this Technical Challenge for Stand Up To Cancer.



INGREDIENTS (SERVES 6)

FOR THE ROUGH PUFF PASTRY

300g all purpose flour, plus extra for dusting

Pinch of salt

50g butter, chilled and cut into cubes

FOR THE FILLING:

410g can apricot halves, drained

15g caster sugar

½ tsp almond extract

FOR THE ICING:

100g icing sugar, sifted

STEP 1. For the rough puff pastry, mix the flour and salt together in a bowl. Rub in the chilled butter until the mixture resembles breadcrumbs. Gradually add enough water to form a dough.

STEP 2. On a lightly floured surface, roll out the dough to a rectangle measuring 30cm x 12cm. Grate half of the frozen butter over the bottom two thirds of the dough. Fold down the top third and fold up the top third as if you were folding a letter. Rotate the dough 90 degrees and roll it again into a 30cm x 12cm rectangle.

STEP 3. Grate the remaining frozen butter over the bottom two thirds of the dough. Fold down the top third and fold up the bottom third, again as if you were folding a letter. Rotate the dough 90 degrees. Wrap the dough in clingfilm and freeze for 15 minutes. Remove from the freezer and refrigerate for 15 minutes.

STEP 4. For the filling, cut the apricot halves into 4 pieces. Place the apricots in a frying pan with the sugar, almond extract, cornflour and lemon juice.

6-8 tbsp water

120g butter, frozen

1 egg, beaten, to glaze

2 tbsp cornflour

Juice of 1 small lemon

24 raspberries

Juice of ½-1 small lemon

STEP 5. Cook over a medium heat for 10 minutes, stirring often, until relatively dry. Remove from the heat and spread out on a plate, to cool. Chill in the freezer for 10 mins.

STEP 6. Heat the oven to 220°C/200°C fan/ Gas 7. Roll out the pastry on a lightly floured surface to a 25 x 37cm rectangle. Cut six 12cm squares out of the pastry.

STEP 7. Divide the apricot filling into 6 and place one portion into the centre of each pastry square. Spread the filling out a little and dot 4 raspberries over each filling.

STEP 8. Brush the edge of one half of each square with some of the beaten egg, then fold over the other side and seal. Crimp the edges with a fork and pierce the top to allow air to escape.

STEP 9. Place on a baking sheet and brush with beaten egg. Bake for 15–20 minutes until dark golden brown.

STEP 10. For the icing, mix the icing sugar with enough lemon juice to make a thick drizzle icing. Drizzle over the turnovers and leave to set.