

BINS FOR BOYS



Introduction

Incontinence can be a side effect of cancer and cancer treatment. 1 in 8 men will get prostate cancer, and some experience bladder and bowel problems as a side effect of their treatment. There's more: In the UK, about 1 in 3 men over 65 will experience urinary incontinence issues, while 1 in 20 men aged 60 and over will experience bowel incontinence. (CRUK).

- 1 in 25 men over 40 will experience some form of urinary leakage every year
- 1 in 20 men over 60 will experience bowel incontinence in the UK (Colostomy UK, 2021)

Lack of sanitary bins in male toilets in public places affects men who need to wear pads, pouches, stomas, catheters, colostomy or ileostomy bags. *Outside their home, men with incontinence need to be able to dispose of their sanitary waste in the places they visit, such as cafes, pubs, community centres and public toilets.* Women are used to being able to find sanitary bins in such community venues, but it can be a real problem for men. We know many men fear being unable to find a toilet with sanitary bins make them anxious, worried and humiliated. It can stop them leaving their homes to enjoy every day activities like enjoying a pub meal with friends, or a cup coffee in a local café.

There is a need for urgent and easy access to toilets in public places that provide sanitary bins to change incontinence pads and waste.

National Boys Need Bins campaign¹.

Lack of sanitary bins in male toilets in public places affects men who need to wear pads, pouches, stomas, catheters, colostomy or ileostomy bags. A national Boys need Bins campaign highlights the impact the barriers caused by incontinence have on men with the condition. A Prostate Cancer UK 2023 survey showed that 95% of men living with incontinence feel anxiety due to lack of sanitary bins in men's toilets for disposing of pads hygienically.

- It is not acceptable that men have to carry their sanitary waste with them due to the lack of suitable provision.
- It is not acceptable than men wear sanitary products longer than is comfortable to do so, because of a lack of disposal provision.
- It is not acceptable that men experiencing incontinence should feel forced into using disability toilets. 24% of men surveyed stated that they aren't disabled and find it "embarrassing" to use this toilet to access a sanitary bin. 42% said they feel embarrassed, stressed, and anxious about using a disabled toilet.

¹ [Working with parliament | Prostate Cancer UK](#)

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Lingen Davies Cancer Support is running a local Bins for Boys campaign to make sanitary bins publicly available in our local community. We want to give men the same ability as women to dispose of their incontinence pads and other hygiene waste items associated with managing incontinence easily, safely and with dignity. Our project:

- Promotes the need for sanitary bins in men's toilets in public places across Shropshire, Telford and Wrekin, and Mid Wales.
- Recruits local community venues (pubs, cafes, community centres) for men's toilets across our region to provide sanitary bins in their men's toilets.
- Delivers a promotional campaign (local press, social media etc) highlighting the issue and to recruit new Bins for Boys venues.
- Provides public venues with exclusive use of our Bins for Boys promotional material for inner and outer toilet doors, venue windows, and venue websites for participating pubs, cafes and community venues.
- Promotes Bins for Boys venues to men in need through a dedicated Bins for Boys page on the Lingen Davies website, the Living Well cancer app, and partners websites.

Those interested in becoming a Bins for Boys venue can sign up using our simple Implementation Guide. For further information please see our Bins for Boys webpages [Bins For Boys - Lingen Davies](#)