



LISKEARD TOWN COUNCIL

GRANT AWARDING POLICY

Aim: Liskeard Town Council allocates a grants budget annually to assist other organisations within the town to achieve projects, services, exhibitions and events of benefit to the town and its residents.

Eligibility Criteria to assist potential applicants and Councillors.

- Applications can only be considered if they can demonstrate that the grant aid will be of benefit to the community of Liskeard.
- Grants will only be given to non-profit making organisations.
- All grant applications must be accompanied by the latest set of accounts, failing this, a current statement of the funds and balances.
- An individual may not receive a grant, although a club or association can apply.
- A single business cannot receive a grant, although a Trade Association or Chamber might put forward an eligible project.
- Grants will not be awarded retrospectively to any project.
- Grants will not be given for normal repairs or maintenance.
- Grants will not be paid against the normal operating costs of an organisation, e.g. wages, rents, stock etc.
- Normally awards of grant will be in the range of £50 - £500. For applications which the Council considers are exceptional, the Council can reserve the right to approve a grant of up to £5,000. The approval of a larger sum would need to be ratified by the Town Council under Financial Regulation 5.8 of the Revised Regulations adopted on 20 October 2015.
- The money must be used within two years of being awarded.
- Should a grant be awarded the Town Council requires as a condition of approval that the support of the Town Council is acknowledged in all relevant

press releases, social media posts etc. and that the recipients of grants give feedback to the Town Council on the use of the monies awarded. This could include presenting information at the public annual meeting.

- Applications are welcomed from community groups, social enterprises, trusts and charities.
- Should the project be appropriate the Town Council would encourage applicants to seek the support of other grant bodies including from those outside of the town. This will help to draw down the maximum amount of external investment into the town.
- That a project seeking town council grant assistance should not already have been approved for the award of a Town Forum grant. (Note – funds held by the Town Forum have been provided by the Town Council).
- Each applicant will only be permitted one grant approval per financial year.
- Should the grant fund the purchase of an asset or service, which could be used by other community groups when not required, the applicant is encouraged to share the benefit.
- Applications must be made on the form supplied.
- Applications to be sent by e-mail to the Town Clerk townclerk@liskeard.gov.uk or posted or handled into the Town Council Offices at 3-5 West Street, Liskeard PL14 6BW
- Correctly completed applications will be considered by Town Council. The applicant may attend the Council and present their application to the Council if the applicant wishes.
- If the proposed project does not comply with the above guidelines, it will not be considered by the Council.

Adopted: 19 March 2019

Modified: As circumstances require

Reviewed: 25 March 2020

LISKEARD TOWN COUNCIL
GRANT APPLICATION FORM

Do not complete the Application Form until you have read the Grant Awarding Policy and believe that you comply with it.

By making the application you are giving consent for the information to be shared with Councillors and the public

**When you have completed this form please send it to:
The Town Clerk, 3-5 West Street, Liskeard PL14 6BW**

Name of Applicant / Organisation	Power Runs Cornwall – Run Together Group
Person to contact Position Held	Sandra Haynes Group Run Leader
How are you funded?	We have no funds. So far, I and others have volunteered their own time to plan, promote and undertake the sessions for the group. All sessions are free, there is no cost to take part or join the group, we feel this is important to make it as accessible and inclusive to everyone.
What benefits will your project give to the town, visibly or in the Community? Who in the Town will benefit?	<p>The run together group promotes physical, social and mental wellbeing through exercise and social interaction within the community.</p> <p>The group is open to everyone but has attracted older people who would like to improve their health and fitness, both physically and mentally. It has also attracted women who feel safer running as a group rather than on their own. There is also now a run/walk option for those who find running continuously is not for them. Our sessions are fun, inclusive and non-competitive – we strive to make everyone feel welcome, valued and supported within the group.</p> <p>The group meet locally twice a week (Monday and Wednesday outside of Addington Stores) and are visible as a group around the town.</p> <p>We have been involved in fundraising initiatives such as running around Liskeard dressed as superheroes for the Cornwall Air Ambulance Superhero 5K run, Race For Life and the Colour Run for the Children’s Hospice. We support community initiatives such as the Liskeard and Looe Food Bank and the Adopt A Street Campaign.</p>

We have also raised awareness on our runs, for example, running a route that incorporates the 12 defibrillators that are located around Liskeard, to raise awareness of them and where they are situated.



A brief description of your project

Power Runs Cornwall is a local community-based running group that offers a social running programme and believes running/jogging is more fun and easier to become part of your lifestyle when shared with others. The group promotes physical, social and mental wellbeing through exercise and social interaction.

Power Runs Cornwall is all about community, friendships and the opportunity to experience running in a way that interests the individual.

Power Runs Cornwall offers Beginner Run 30 courses. The Beginners Run 30 course is a 10-week course designed for absolute beginners and gradually and safely builds running ability to 30 minutes of running without stopping.

Power Runs Cornwall also offers Improver's sessions, that are designed to keep those that have completed the Beginners Run 30 Course running and motivated. The sessions are also suitable for people that want to run regularly in a social group or to grow their confidence in their running ability.

As the group has grown and developed, we now also offer a Monday Jeffing Group. Jeffing is a run/walk technique that is perfect for those that find running continuously is not for them.

The running group offers two sessions a week (Monday and Wednesday evenings) and meets locally in Liskeard.

	
<p>Have you previously received a grant from Liskeard Town Council?</p> <p>If 'Yes' please indicate</p>	<p>YES</p> <p>(a) Applied 05 July 2022 and received 29 July 2022</p> <p>(b) Amount received £ 290</p>
<p>What is the total cost of your Project?</p> <p>What sum of money are you looking for from the Town Council and what exactly will it be used to support?</p> <p>How is the difference to be funded?</p>	<p>The Council cannot fund the normal ongoing operating costs of organisations. This application should not contain such costs.</p> <p>Last year we were fortunate to receive a grant of £290 from the Liskeard Town Council. I was the only qualified run leader, and this limited the amount of people that we can take safely on to a session. The funding enabled us to provide training for an additional run leader, Raymond Olver. The group has continued to grow, and we could now do with training another run leader. I would also like to keep the group free to join so as to encourage participation from everyone and make it as inclusive as possible.</p> <p>We would like to request the sum of £350.00 to be used as follows:</p> <p>£190.00 England Athletics provide run leader training but this costs £190 to complete the course. I have runners who would be interested in becoming a run leader but cannot afford to fund the training themselves. Having an additional qualified run leader would enable us to grow and develop the group.</p>

£160.00 Some of the funding we received last year enabled us to offer discounted group branded t-shirts which provided our group with an identity. Now the group is growing we would like to be able to extend this offer to our new members. A collective identity also promotes the group when we enter events or are taking part in our sessions in the town and makes us more noticeable as a community presence. We would also like to buy some Run Leader and volunteer tabards to identity those roles within our group.

Although the sums above are what we would ideally like, we would be grateful for any contribution. We are actively exploring other funding sources too so hope that we will be able to achieve our goal.



Charity Number or Registered Company Number (if applicable)

Please do **not** sign your name in this box.

Date: 18 April 2023

IF POSSIBLE, PLEASE PROVIDE AN UP TO DATE COPY OF THE ORGANISATIONS ACCOUNTS

As we do not charge anything for our sessions we have no income, so only have a very basic set of accounts as tabled below: (Any costs not covered by funding comes out of my own pocket)

POWER RUNS CORNWALL

Date	Item	Debit	Credit	Balance
29.07.2022	Liskeard Town Council Funding		290.00	290.00
21.09.2022	We Run Bright Invoice #0000044 – 10 x £5.00 discount codes for t-shirts	50.00		240.00
30.09.2022	We Run Bright Invoice #0000045 – 2 x Run Leader T-Shirts and 5 x £5.00 discount codes for t-shirts	50.00		190.00
19.12.2022	England Athletics Run Leader Course (RLiF) – Raymond Olver	190.00		0.00
19.12.2022	2 x First Aid Kits (Portable Running Bags)	15.90		-15.90