



LISKEARD TOWN COUNCIL

GRANT AWARDING POLICY

Aim: Liskeard Town Council allocates a grants budget annually to assist other organisations within the town to achieve projects, services, exhibitions and events of benefit to the town and its residents.

Eligibility Criteria to assist potential applicants and Councillors on the Finance, Economic Development & General Purposes Committee.

- Applications can only be considered if they can demonstrate that the grant aid will be of benefit to the community of Liskeard.
- Grants will only be given to non-profit making organisations.
- All grant applications must be accompanied by the latest set of accounts, failing this, a current statement of the funds and balances.
- An individual may not receive a grant, although a club or association can apply.
- A single business cannot receive a grant, although a Trade Association or Chamber might put forward an eligible project.
- Grants will not be awarded retrospectively to any project.
- Grants will not be given for normal repairs or maintenance.
- Grants will not be paid against the normal operating costs of an organisation, e.g. wages, rents, stock etc.
- Normally awards of grant will be in the range of £50 - £500. For applications which the Committee considers are exceptional, the Committee can reserve the right to approve a grant of up to £5,000. The approval of a larger sum would need to be ratified by the Town Council under Financial Regulation 5.8 of the Revised Regulations adopted on 20 October 2015.
- The money must be used within two years of being awarded.

- Should a grant be awarded the Town Council requires as a condition of approval that the support of the Town Council is acknowledged in all relevant press releases, social media posts etc. and that the recipients of grants give feedback to the Town Council on the use of the monies awarded. This could include presenting information at the public annual meeting.
- Applications are welcomed from community groups, social enterprises, trusts and charities.
- Should the project be appropriate the Town Council would encourage applicants to seek the support of other grant bodies including from those outside of the town. This will help to draw down the maximum amount of external investment into the town.
- That a project seeking town council grant assistance should not already have been approved for the award of a Town Forum grant. (Note – funds held by the Town Forum have been provided by the Town Council).
- Each applicant will only be permitted one grant approval per financial year.
- Should the grant fund the purchase of an asset or service, which could be used by other community groups when not required, the applicant is encouraged to share the benefit.
- Applications must be made on the form supplied.
- Applications to be sent by e-mail to the Town Clerk townclerk@liskeard.gov.uk or posted or handed into the Town Council Offices at 3-5 West Street, Liskeard PL14 6BW
- Correctly completed applications will be considered by the Finance, Economic Development & General Purposes Committee of the Town Council. The applicant may attend the Committee and present their application to the Committee if the applicant wishes.
- If the proposed project does not comply with the above guidelines, it will not be considered by the Committee.

Adopted: 19 March 2019

Modified: As circumstances require

Review March 2021

LISKEARD TOWN COUNCIL
GRANT APPLICATION FORM

Do not complete the Application Form until you have read the Grant Awarding Policy and believe that you comply with it.

By making the application you are giving consent for the information to be shared with Councillors and the public

**When you have completed this form please send it to:
The Town Clerk, 3-5 West Street, Liskeard PL14 6BW**

Name of Applicant / Organisation	Dance Centred CIC
Person to contact Position Held	Lois Taylor Co Director
How are you funded?	We are funded through a combination of project grants and earned income (fees for our teaching and performance activity).
What benefits will your project give to the town, visibly or in the Community? Who in the Town will benefit?	<p>Dance Together offers adults with long term, physical or mental, health conditions, the chance to be supported into moving creatively, to express themselves, socialise and to benefit from injury prevention, through increased mobility, balance and overall physical confidence.</p> <p>It benefits the town by: Providing residents/class participants with the opportunity to take part in fun, expressive dance and exercise, to socialise, to make new friends and to find out about other social opportunities in town they might benefit from.</p> <p>Providing a safe positive creative and physical activity for physios, GPS and social prescribers to refer people and carers to.</p> <p>Connecting residents/class participants with help and support that might benefit their circumstances.</p>
A brief description of your project	<p>Dance Together will: Offer 27 weekly dance and exercise classes at the Liskerrett Community Centre, in April and May 23, September – December 23 and January – March 24.</p> <p>Provide a safe and supportive space for adults who have physical or mental vulnerabilities and feel excluded from other exercise offers due to this.</p>

Use a wide range of music, props and creative ideas, encouraging participants to express themselves, have fun and explore the potential of their bodies.

Support participants to shape the development of the sessions by contributing ideas and feedback.

Skills

Freelance dancer practitioner Lois Taylor will lead the session, she has many years of experience and training, working with dance and in health and wellbeing contexts, giving her the knowledge and skill set to safely encourage people and give them confidence to engage.

Social

The first part of the sessions is the dance, then we gather for a cuppa and chat. This offers a relaxed and friendly time where new friendships can be made and useful information shared, e.g. re heating support, hospital transport, other fun activities and events in town and sharing the experiences of living with ill health and offering each other encouragement and support.

History

In September 2022 funding from Western Power enabled us to run a pilot of 8 classes. The group established itself well and participants talked of the benefits, we were able to continue them with support from Volunteer Cornwall as part of the warm rooms offer at Liskerrett. Funding for this runs out March 2023. We currently have a regular 12 participant and roughly a total of 18 who come when feeling strong enough.

Future

We would like funding from Liskeard Town Council to enable us to run the sessions for a further 6 weeks after Easter and use this time to gather more feedback, reach new potential participants and health partners and to begin raising funds to run the sessions from September 23 – March 24.

That way we will keep people moving and supported till the summer and be here for them when the darker days and nights come in and being vulnerable gets a little harder.

Funding for autumn 23 and spring 24:

Dance Centred has a strong track record in securing funding for key projects including:

Physical Postcards – run in partnership with Active Cornwall - weekly dance and exercise cards sent to those isolated at home, (over 2000 people have participated so far).

Move Together: A weekly dance class for women affected by cancer running in Newquay, supported by Macmillan and being piloted in Bodmin in partnership with IntoBodmin.

We believe that **Dance Together** in Liskeard could become part of our programme of dance targeting people with long term health conditions,

	<p>that tackle isolation and inequality of access to dance. We will include it in our ongoing long term funding bids. We already have funding in place from the Coop to continue the sessions in autumn.</p> <p>Your funding would support 6 sessions April to May giving us the chance to open up sessions to local physios and health providers to see what we are doing, in order to give them the confidence to refer people to us in the autumn.</p> <p>Here is some feedback from the Dance Together participants:</p> <p>It was fun, you don't notice you are exercising when you are having fun. We are so lucky that there is something like this for people like us that can't move around a lot.</p> <p>I can lift both legs now!</p> <p>It is so good to be part of a group, it help motivate me to do something. We find friendship and it is fun</p> <p>It is really important for Rosie (women with early onset dementia) to be able to express and interpret the music, she doesn't get any other opportunities like this.</p> <p>It encourages us to exercise because we are in a group and it is hard to do it on your own</p> <p>It is lovely healthy enjoyable</p> <p>Margert is walking now and not using her wheel chair</p> <p>When I am here I don't think about the pain in my back</p> <p>The warmth and light of the room makes it feel a positive place to be</p> <p>Your choreography and music choices make it enjoyable and your suggestions really help us to try new things</p> <p>Physios and GPs should endorse this as it saves them work!</p> <p>It gives scope to the imagination</p> <p>It good for our mental health</p>
<p>Have you previously received a grant from Liskeard Town Council?</p> <p>If 'Yes' please indicate</p>	<p>NO</p>
<p>What is the total cost of your Project?</p> <p>What sum of money are you looking for from the Town Council and what exactly will it be used to support?</p> <p>How is the difference to be funded?</p>	<p>The Council cannot fund the normal ongoing operating costs of organisations. This application should not contain such costs.</p> <p>Total projects cost: £5895</p> <p>We are looking for Liskeard Town Council for: £625</p> <p>This funding will pay for the freelance community dance practitioners planning and teaching time for 5 sessions April and May, enabling us to reach out to new participants and health practitioners. Dance Centred will support this phase of the project with in kind support for marketing and management and The Liskerrett Community Centre are offering the space free, supported with funding from Volunteer Cornwall.</p>

	<p>The short fall for the overall project is: £5270 This will be funded by: Coop £1500 Liskerrett Community Centre space hire for April/May sessions: £125 Dance centred in kind: £1310 Dance Centred fundraising event: £300 Other funding bids submitted over the year: £2035, which we believe with a 12 month timeframe is very achievable.</p>
<p>Charity Number or Registered Company Number (if applicable)</p>	<p>Please do not sign your name in this box.</p> <p>Company Number 12046112 Date 13th March 2023</p>

IF POSSIBLE, PLEASE PROVIDE AN UP TO DATE COPY OF THE ORGANISATIONS ACCOUNTS