

LISKEARD TOWN COUNCIL
SOCIAL EMERGENCY FUND POLICY

Aim: One of the ways that the Town Council has responded to the Coronavirus and issues facing vulnerable people within Liskeard, is to establish this Social Emergency Fund. This is intended to support the activities of those community groups and organizations bringing help and support to those facing isolation and need.

It is not to cover things already provided by other organizations. It is to fill gaps in provision. Other sources of support might be:

- The UK Government www.gov.uk – this is where the Government releases the latest information and you can sign up to alerts
- Cornwall Community Foundation www.cornwallcommunityfoundation.com

Eligibility Criteria to assist potential applicants and Councillors.

- Applications need to demonstrate that the grant aid will be of benefit to the community of Liskeard.
- Applications are welcomed from community groups, social enterprises, trusts and charities. Grants will only be given to non-profit making organisations.
- We particularly welcome applications from several groups working together. If we receive similar applications from different groups we may ask you to coordinate your efforts.
- An individual may not receive a grant, although we can fund organisations to provide financial help to individuals.
- Grants will not normally be awarded retrospectively to any project.
- Normally awards of grant will be in the range of £50 - £500. For applications which the Committee considers are exceptional, the Committee can reserve the right to approve a grant of up to £5,000.
- When supporting the delivery of frontline services to those facing isolation and need, grants can be paid against the normal operating costs of an organization. For example, wages, rents, stock etc.
- It is expected that the money will be used during the Coronavirus outbreak and it must be used within two years of being awarded.

- Should a grant be awarded the Town Council requires as a condition of approval that the support of the Town Council is acknowledged in all relevant press releases, social media posts etc. and that the recipients of grants give feedback to the Town Council on the use of the monies awarded. This could include presenting information at the public annual meeting.
- Should the grant fund the purchase of an asset or service, which could be used by other community groups when not required, the applicant is encouraged to share the benefit.
- Applications must be made on the form supplied.
- Applications to be sent by e-mail to the Town Clerk townclerk@liskeard.gov.uk
- Correctly completed applications will be considered by the Town Council as soon as possible.
- Please contact Steve Vinson, the Town Clerk, to discuss any questions you have. The application needs to comply with the above guidelines to be considered by the Council.

LISKEARD TOWN COUNCIL
SOCIAL EMERGENCY FUND APPLICATION FORM

Do not complete the Application Form until you have read the Policy above and believe that you comply with it.

By making the application you are giving consent for the information to be shared with Councillors and the public

When you have completed this form please e-mail it to Steve Vinson – townclerk@liskeard.gov.uk

Name of Applicant / Organisation	LIGHTHOUSE COMMUNITY CENTRE CIC
Person to contact Position Held	CLARE BEVAN MANAGER
How are you normally funded?	GRANTS, DONATIONS, EVENT AND HIRE REVENUE
What do you need the money for?	<p>We are starting a Mens Group when lockdown ends and we are seeking some additional financial support to ensure we can cover all the costs for running the group and provide the necessary activities. The group is aimed at promoting good mental health and wellbeing in a warm and friendly environment through a variety of activities and services. Liskeard has experienced several male suicides in the past 12 months and through our organisation we have seen a huge increase in the deterioration of mens mental health and wellbeing. We understand it's hard for many men to ask for help but by taking that step and joining our group they will make new friends, try new things and learn new techniques all in a safe and confidential environment. There will be no costs involved and will they have the opportunity to access a variety of activities such as paddlesports, cycling, running and Jiu Jitsu on a weekly basis and we will have monthly get togethers and meetings where guest speakers and self help activities will be available to them. There will also be an opportunity to access one to one Emotional Logic support as well as online and telephone support when needed. We have qualified instructors and coaches to deliver all the activities.</p> <p>We will offer: SUPPORT - phone, online and face to face SPORTS - paddlesports, cycling, running and Jiu Jitsu SPEAKERS - self help training, advice and activities SPACE - a chance to talk</p> <p>The funding would help to cover the following costs:</p>

	<p>Room Hire. Refreshments. Emotional Logic Training group sessions and one to one personal learning appointments with a qualified coach. Hi Vis Vests for cycling and running. Stationary for each participant.</p>
<p>How will vulnerable people in Liskeard benefit from this? Is it aimed at specific groups?</p>	<p>We have worked with many local people who suffer from mental health issues for some time now through our community centre, paddlesports club and Emotional Logic teaching and we've seen the huge difference we have made to their lives. Since the Coronavirus outbreak last March there's been an alarming increase in the amount of men struggling with their mental health and we believe we can help tackle this and reduce the number of men reaching crisis point.</p> <p>By pulling all of our training, resources and experience together we believe the activities that we can offer will help the participants to open up whilst they are physically engaged, as well as the added benefits of being active and at one with nature. Offering a variety of sports will undoubtedly promote health and wellbeing as well as offer a non intrusive opportunity to talk and receive support.</p> <p>Our monthly meetings will consist of some of the following: Emotional Logic Teaching: Teaching how to manage emotions and recognise their useful purposes alongside learning about Safe Places and processing action plans. Debt Advice: CAP Coach tips on how to manage money effectively with debt help and advice Pilates: Learning about self help teaching techniques: SAS Sessions: An ex SAS instructor will teach self help techniques and skills</p> <p>There will be time to just hang out and chat as well as the above and we will also introduce other helpful activities and speakers as the group progresses.</p> <p>We understand the need to ensure we are meeting the needs of our participants and we will regularly assess and review our services, listening to our users and recognising the impact we are having. Our group will be adaptable to the needs of those attending.</p>

	We want to reduce suicide in our area by providing a provision for men that will give them an opportunity to meet new likeminded people, receive support and encouragement and learn new techniques that offer a new challenge, a new start and a step on the road to recovery.
Have you previously received a grant from Liskeard Town Council? If 'Yes' please indicate	YES (a) When 25/11/2020 (b) Amount received £600
What is the total cost of what you are planning? What sum of money are you looking for from the Town Council and what exactly will it be used to support? How is any difference to be funded?	£10,200.00 Year 1 £500.00 (Towards speakers and refreshments) Fundraising and grant programmes
Charity Number or Registered Company Number (if applicable)	11324703 Date 23/04/2018
Name of Applicant / Organisation	Lighthouse Community Centre