

Active Plus Positive People Presentations

The Mayor, Christina Whitty, went to make the presentations to the Active Plus Positive People group yesterday at St Martin's Church Hall. Here are some of the people who received certificates with Mark who is one of the military veterans who run the courses.

The courses run for 6 weeks and raise people's confidence and self-esteem, they also have the opportunity to go on to other courses. You can ring Mark Lane on 07534 643817 or Linda Chapman 07951 376041 if you would like further details or visit their Facebook page: Advanced Group PP South and East.

There is also an excellent feature on the group in Issue 2 of Lyskerrys which is available to pick up from many locations in the town, including the Tourist Information Centre on Pike Street or the Town Council offices on West Street.

